

FIVE YEARS OF THE PARK!

It's five years since Queen Elizabeth Olympic Park reopened to the public. Since then, we've welcomed over 25million visitors to our parklands, venues and events. The Park is free to enter and open seven days a week, throughout the year. Why not celebrate our Fifth Birthday by trying one of our Top Five Park Experiences?

1 Discover stunning skyline views of up to 20 miles across London from the **ARCELORMITTAL ORBIT'S** viewing platforms. The tallest sculpture in the UK, it's also home to the world's longest tunnel slide, which loops 12 times around the structure - a once-in-a-lifetime experience for adrenaline seekers!



for everyone from tots on their first balance bike to stars of the international track circuit!

4 Explore the **PARK'S GARDENS, PLAYGROUNDS AND WATERWAYS.**



From the more formal gardens of the south of the Park, to the meadows of the north; adventure playgrounds at

Tumbling Bay to sand pits and fountains in the south of the Park; from a boat tour to a trip on a swan pedalo, the Park is a great way to escape the city!

2 Swim or dive in the extraordinary **LONDON AQUATICS CENTRE**. Used by everyone from international athletes to local school children, almost a million people a year swim in its 50 and 25 metre pools, dive from platforms up to 10m high, or enjoy family favourites such as Aqua Splash!



5 See behind the scenes at the iconic **LONDON STADIUM** with a Stadium Tour. Whether you want to relive Olympic and Paralympic memories, or sneak a peek in the West Ham United changing room, you'll feel like a VIP as you explore the Stadium from a different perspective.



3 Try four types of cycling at **LEE VALLEY VELOPARK**. Home to world famous track cycling events, as well as a road circuit, a BMX course and mountain bike trails, the VeloPark has something

