

HOW THE TIMETABLE WORKS:

**EXPLORE HANDS-ON,
INTERACTIVE COURSES
DESIGNED TO SPARK YOUR
IMAGINATION AND HELP YOU
DISCOVER HIDDEN TALENTS.
CHOOSE **ONE** COURSE EACH
WEEK AND TRY SOMETHING
NEW.**

**SPACES FILL QUICKLY, SO
COMPLETE YOUR
APPLICATION EARLY TO
SECURE YOUR PLACE FOR A
TRANSFORMATIVE SUMMER
AHEAD!**

BOOKINGS CLOSE ON 12 JULY



WEEK 1 – WORKSHOPS FOR 15 – 17-YEAR-OLDS

Monday 27 th July	Tuesday 28 th July	Wednesday 29 th July	Thursday 30 th July	Friday 31 st July
	Explore. Make. Display: Explore the V&A East collection, make new artworks, create your own display (Creative Making) 2 days 10am – 4pm		Drawing Fashion (Illustration & Drawing) 2 days 10am – 4pm	
Together We Move Open to 14+ (Dance & Content Creation) 4 days 10am – 4pm				
Backstage at ABBA Voyage! A lighting, audio and production (Media & Creative Design) 3 days 10am – 4pm				
Costume Design: Making Masks (Fashion & Design) 3 days 10am – 4pm				
Textiles: Botanical Colours (Experimental Textiles) 3 days 10am – 4pm				
The Content Lab: Mobile Documentary & Creators workshop (Creative thinking & Storytelling) 2-days 10am – 4pm				



The Crew Behind the Curtain

WEEK 2 – WORKSHOPS FOR 15 – 17-YEAR-OLDS

Monday 3 rd Augst	Tuesday 4 th August	Wednesday 5 th August	Thursday 6 th August	Friday 7 th August
	Explore. Make. Display: Explore the V&A East collection, make new artworks, create your own display (Creative Making) 2 days 10am – 4pm		Dance with Sadler's Wells (Dance & Movement) 2 days 10am – 4pm	
	BBC Asian Network Workshop: Idea to Airwave (Media & Radio Industry) 1 day 10am – 4pm			
Sports Exercise Medicine (SEM): What is it and what can I do with it? (Sport Science) 2 days 10am – 4pm				



WELCOME TO OUR WORKSHOP GLOSSARY FOR 15-17-YEAR-OLDS

Workshops	What you'll experience	Skills you'll gain
Explore. Make. Display: Explore the V&A East collection, make new artworks, create your own display	Step into the V&A for a hands-on, two-day creative experience. Based across the V&A Museum and V&A East Storehouse, you'll explore galleries, discover new commissions, and get up close with objects from the collection. Working across both spaces, you'll experiment with materials, spark new ideas, and create your own artwork. The experience ends with a collaborative showcase—bringing everyone's work together in a playful group installation.	<ul style="list-style-type: none">• Drawing inspiration from objects and collections• Visual storytelling• Collaboration and group working• Curating and presenting artwork
Together We Move	Create a fun TikTok-style dance routine, learn how to film content for social media, and help get others dancing in your community. Inspired by "Each One Teach One", you'll create, learn and share the routine, with wellbeing support, creative coaching, and a final community flashmob and family celebration at Queen Elizabeth Olympic Park.	<ul style="list-style-type: none">• Content creation and storytelling• Social Media and Digital Skills• Rhythm, movement and coordination
Drawing Fashion	Join us for an exploration into fashion imaging and illustration. By exploring clothes and items in the V&A East museum, you will draw (!) inspiration from this collection and explore techniques to create your own meaningful fashion illustrations.	<ul style="list-style-type: none">• Illustration and drawing techniques• Observation skills• Creative interpretation• Fashion image-making

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Backstage at ABBA Voyage! A lighting, audio and production	Go behind the scenes at ABBA Voyage and discover how a live show comes together. Work with the tech crew to set up a show, create a lighting display, add music, and bring it all to life.	<ul style="list-style-type: none">• Lighting and audio production skills• Technical show setup• Creative design and live production• Teamwork in a professional setting• Insight into backstage careers
Costume Design: Making Masks	Design and craft a mask to bring your character's story to life	<ul style="list-style-type: none">• Costume and character design• Making and crafting skills• Creative storytelling• Design development• Hands-on making techniques
Textiles: Botanical Colours	Learn how the plants and flowers can create colourful dyes and inks. Explore through drawing and practical experiments, how to identify and extract wild and natural colour which will be translate onto paper and fabric artworks, in a hand-bound zine.	<ul style="list-style-type: none">• Experimental textiles skills• Natural dye-making• Drawing and visual exploration• Practical making skills
The Content Lab: Mobile Documentary & Creators workshop	Learn how to create short documentaries about the Olympic Park and its communities, using storytelling, interviewing, filming and editing skills to make content for digital platforms	<ul style="list-style-type: none">• Storytelling and documentary skills• Interviewing and research• Filming and camera techniques

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Workshops	What you'll experience	Skills you'll gain
<p>The Crew Behind the Curtains</p>	<p>Join the Technical Team at Sadler's Wells for an insight into their Maintenance period; shadow the team as they test equipment, look at the inventory of the building, and carry out maintenance works to the venue. 2 days of a real work experience insight into the technical team roles and day to day in a theatre setting.</p>	<ul style="list-style-type: none"> • Technical theatre knowledge • Understanding equipment and maintenance • Insight into backstage roles
<p>Dance with Sadler's Wells</p>	<p>Inclusive dance summer school for disabled and non-disabled dancers age 15 -17. Whether you've danced a lot or just at home by yourself - come join us for 3 days of moving and creation with professional dance artists from Sadler's Wells.</p>	<ul style="list-style-type: none"> • Dance and movement skills • Creativity and self-expression • Confidence building
<p>BBC Asian Network Workshop: Idea to Airwave</p>	<p>Join BBC Asian Network presenter SMASHBengali and producer Sami Hussain for a workshop all about creating content that cuts through! Through practical tips and creative exercises, you'll learn how to generate, develop and refine your content ideas. In the afternoon, Assistant Commissioner for Music, Mandy Mann, will explain what the Asian Network music team does and how playlists are built. If you're curious about a career at the BBC, we'll finish the day by exploring different pathways in - from training schemes to apprenticeships and more!</p>	<ul style="list-style-type: none"> • Content idea generation, development and refinement • Understanding audiences • Music playlisting • BBC Early Career pathways
<p>Sports Exercise Medicine (SEM): What is it and what can I do with it?</p>	<p>Explore how Sport and Exercise Medicine helps people recover from injury and improve performance. You'll learn about anatomy, injury and fitness assessment, exercise planning and coaching, while discovering careers in physiotherapy, sports therapy, sport science and strength and conditioning.</p>	<ul style="list-style-type: none"> • Understanding of anatomy and how the body moves • Injury and fitness assessment skills