

ESCAPE THE CITY WITHOUT LEAVING ZONE 2

AN EAST LONDON STAYCATION



Please your step-o-meter with a leisurely stroll or hire a **Santander cycle** for a day – there are 8 docking stations dotted around the Park.

Escape the hustle and bustle of the hectic capital and discover **hundreds of species of plants, trees and animal** across east London's most exciting Park.

Surrounded by nature, but packed with adrenaline. Overcome FOMO and get the **world's longest tunnel Slide** crossed off your bucket-list.



Learn about the fascinating sustainability legacy of the Park on the **Biodiversity trail** – free to download online.



Craft beer, sourdough pizzas, bottomless brunches and more – you'll be spoilt for choice!



In Hackney Wick, try the recently opened Beer Merchants Tavern and find a beer you won't have even heard of, or head to The Breakfast Club for a stack of waffles and a glass of prosecco!

Venture across to **Stour Space** in the artistic outskirts of the Park and explore the variety of activities on offer; regularly including exhibitions, yoga, workshops, workspaces and a café.



You won't even need a filter to capture your vibrant day out on the Park – grab a selfie in front of the many iconic **London 2012 venues!**

